



Approximate distances between checkpoints.
 East Cowes - Wootton - 8km/5m
 Wootton - Bembridge - 16km/10m
 Bembridge - Alverstone - 9km/5.5m
 Alverstone - East Cowes - 20.5km/12.7m

Mini-Randonnee Route

Mini-Randonnee Route sharing the Round The Island Route 
 Mini-Randonnee Route on cycle-track (National Cycle Network, Route 23) 

MINI-RANDONNEE 55km/34miles ANTI-CLOCKWISE

Route description starts from East Cowes, however, you can start from and finish at any checkpoint.

- From the **East Cowes** checkpoint, make your way to the floating bridge.
- Once you have crossed the river, take the next left into Bridge Road, climb the hill and at the roundabout turn left into Arctic Road. Follow this road until it turns sharply to the right and after a few metres turn sharp left onto the Newport Cycle track and follow to **Newport**.
- At the end of the cycle track, follow the map above until you pick up the cycle track to Sandown at Shide.
- Stay on the track following route 23 to **Alverstone**.

- Turn left at the road and after visiting the checkpoint, continue on the Round The Island route, following the white Island on blue background signs, visiting the checkpoints at Bembridge and Wootton.
- Get your card stamped at the East Cowes checkpoint to complete the ride!

MINI-RANDONNEE 55km/34miles CLOCKWISE

Route description starts from East Cowes, however, you can start and finish at any checkpoint.

- From the **East Cowes** checkpoint make your way to the roundabout at Well Road (Waitrose), proceed up Well Road and continue climbing up York Avenue.

- At **Wootton**, proceed down the High Street and cross the bridge at the bottom, take the next right into Firestone Copse Road. The checkpoint is soon on your right.
- Continue on the Round The Island route, following the blue Island on white background signs, visiting the checkpoints at Bembridge and Alverstone.
- From **Alverstone** turn right onto the cycle track to Newport (National Route 23).
- At **Newport** use the route map to cross the town and take the cycletrack to **Cowes**.
- At the end of the cycle track, turn right then bear left into Arctic Road, travel around 800m, and at the next roundabout turn right into Bridge Road. Follow the road and at the bottom, turn right to the Floating Bridge. After crossing the river bear left and return to the checkpoint to complete the ride!



Look out for these signs on the route